

UPCOMING EVENTS

10/4 Talent Show Tryout
10/5 Choir Concert
10/9 Picture Make Up Day
10/10 Concert Concert
10/11 Fall Orchestra Concert
10/13 No School
10/16 P/T Conference in Person
10/18 P/T Conference in Person
10/19-10/20-10/23 No School
10/26,10/28,10/29 Fall Play
11/7 Blood Drive
11/8 Gala Concert
11/14 NHS Induction Ceremony
11/20-11/24 Fall Break
11/28 - Pack the House

LAWRENCE HIGH SCHOOL

THE LION'S ROAR

October 2023 LHS Newsletter



Dear parents and guardians of LHS students,

I would like to express my gratitude for your support during the first quarter of this school year and for the amazing homecoming week we had last week. I am proud to announce that LHS welcomed three new inductees into its Hall of Honor this weekend: Debra Green, Robby Steinhardt, and John Hutchinson Spearman Sr.

I would like to take this opportunity to thank the LHS Alumni Association and LHS Alumni Board of Trustees for their hard work in organizing a fabulous ceremony this weekend.

Thank you again for your continued support.

As always, "It's a great day to be a lion!"

LHS Interim Principal
Quentin Rials



Lions Pride PTO



*-Parent/Guardian Teacher Organization for Lawrence High School-
Everyone is Welcome!*

Conference Meals for Staff 10/16 and 10/18

The PTO provides two dinners during conferences, so the staff are able to grab a quick dinner before meeting with parents and guardians. We need several volunteers to make this happen. Please sign up for the SignUpGenius below:

<https://www.signupgenius.com/go/10C0A4BAEAD28A4F49-44737187-lhspto>

LHS Merchandise

Merchandise is available in person at the home game on 10/6
and for the **Pink Out Game** on 10/27.

If you would like to order a **pink out** shirt for yourself or your student, please do so by October 16. You can find the link online below or the QR code in the flyer at the end of this newsletter.



You can shop the PTO store 24/7 at:

<https://lionspride-108327.square.site/>

All proceeds support LHS Staff and Students.

Thank you to all of those who attended the first PTO meeting in person or via Webex. If you would like a copy of those minutes, please let us know.

Questions about anything PTO-related, you can reach us at
lawrencehighlionspride@gmail.com

Thank you, LHS Lions Pride PTO Committee

Jamie McNally- Chair
Amy Phalen – Co-Chair
Jessica Wollesen-Treasurer
Shelly Rojo – Merchandise Chair



Lawrence High students will be preparing a display to recognize Day of the Dead on November 1st in our school library. If you would like to contribute your time or materials for the display please contact Katie Hutchison at katie.hutchison@usd497.org or 785-835-5050 ext 1845. Thank you!

DONATE WITH A *Freddy's* DOUBLE

FREDDY'S IS PROUD
TO CONTRIBUTE

15%

OF EVENT SALES!

IN-STORE

➤ SHOW THIS FLYER
OR SAY "I'M HERE FOR
THE FUNDRAISER"
AT CHECKOUT

ONLINE OR MOBILE APP
USE PROMO CODE:
GIVEBACK



A FUNDRAISER SUPPORTING:
LHS: LASO CLUB

COME ENJOY YOUR FREDDY'S FAVORITES WHILE HELPING A GREAT CAUSE!

October 11, 2023 | 4PM-8PM

2030 W 23rd Street, Lawrence, KS 66046

Offer valid only on select items. Only non-profit organizations are eligible to participate in the Freddy's fundraising program. Freddy's will donate 15% of qualifying food and beverage sales to the organization. Tax, gift cards, catering and delivery are excluded from the donation. Offer void if flyer is distributed in or near the restaurant. For more information about fundraising, email fundraising@freddys.com.

DONEN CON UN DOBLE DE *Freddy's*

FREDDY'S ESTÁ ORGULLOSO
DE CONTRIBUIR EL

15%

DE SUS VENTAS PARA SU
EVENTO U ORGANIZACIÓN

EN EL RESTAURANTE

➤ ENSEÑE ESTE FOLLETO
O DIGA "ESTOY AQUÍ PARA
LA RECAUDACIÓN
DE FONDOS/FUNDRAISER"
CUANDO PAGA

ONLINE O EN SU
APLICACIÓN DE MÓVIL
USE EL CÓDIGO DE PROMO:
GIVEBACK



UNA RECAUDACIÓN DE FONDOS AYUDANDO A:
LHS: LASO CLUB

VENGA A DISFRUTAR SUS COMIDAS FAVORITAS DE
FREDDY'S MIENTRAS AYUDAN A UNA EXCELENTE CAUSA!

11 octubre, 2023 | 4PM-8PM

2030 W 23rd Street, Lawrence, KS 66046

Oferta solo válida en ciertos fechas. Solo organizaciones sin ánimo de lucro (non-profit) son elegibles para participar en el programa de recaudación de fondos de Freddy's. Freddy's donará el 15% de las ventas de comidas y bebidas calificadas a su organización. Impuestos (Taxes), tarjetas de regalo, servicio y entrega de comida son excluidos de la donación. Oferta válida si el folleto de su evento es distribuido en o cerca del restaurante. Para más información sobre un evento de recaudación de fondos, mande un e-mail a fundraising@freddys.com.



Save the Date!

Pack the House

Tuesday, November 28

A little bit sports showcase, a little bit variety show but a whole lot of fun!

Win Prizes!

More information to come!

Photo Retakes

On Monday, Oct. 9, our school photographer, Inter-State, will be at LHS for retakes. We have already scheduled time slots for students who currently have NO NEW PHOTO on record this year AND who spend most of their day at LHS. Students should search their school email for the subject line: "YOUR SCHOOL PHOTO TIME 10/9."

Students wishing to request a retake can sign up at this link:

<https://www.signupgenius.com/go/10C0D4AACAA2FA0FEC70-44565298-lawrence#/>. We will also accept a limited number of walk-ups for photos before school, starting at 7:30 a.m.

If you're looking for order information from previous photo days, proofs were emailed to at least one student contact from the first photo day. Sometimes they go to the contact listed first in PowerSchool but not the contact listed second. Emails would be sent from "Inter-State" if you want to use that as a search subject.

You should also be able to find photo information at this link:

https://inter-state.com/myschoolcode?utm_campaign=20_PIC%20Fall%20PERs&utm_medium=email&_hsmi=91380844&_hsenc=p2ANqtz--U6aS860MeZyeA6O_JdomAnTC3IFHspLjvx4UdjYdibjF2bvvmY5jZFeYNhTU0k-IlvLJez32QHi8N-Yd-bAv1Y9a7uw&utm_content=91380844&utm_source=hs_automation. If you need additional help, our point of contact at the photo company is Brenda Johnson: bjohnson@inter-state.com.

TALENT SHOW

Talent Show try-outs are Oct. 3rd, 4th & 5th (Tuesday thru Thursday) after school in the Black Box Theater. Can't make it? send a video try-out to Ms. Thomas by 11:59 PM Friday, Oct. 6th at lthomas@usd497.org. YOUR PERFORMANCE DOESN'T HAVE TO BE PERFECTED YET SO JUST TRY-OUT!

The show is Nov. 1st @ 7PM so you have plenty of time. Talent Show rehearsals are Sunday, Oct. 29th @ 6PM & Monday, Oct. 30th @ 5PM in the auditorium. Got Questions? See Ms. Thomas in Student Services or send her an email.

STUDENT CLUBS

Can We Talk & SAFE Club meetings will be in room 203 Wednesday Oct. 11th, 18th & 25th @ 1:35PM. Snacks will be provided & new members are always welcome. Got Questions? See Ms. Thomas in Student Services or email her at lthomas@usd497.org. See you soon.

Young Women of Color (YWOC) First Meeting will be Friday, Oct. 6th. Check our club GroupMe for time & place. Got Questions? See Ms. Thomas in Student Services or email her at lthomas@usd497.org. See you soon.

Join **SAFE Club** to celebrate Halloween, Tuesday, Oct. 31st at our Annual Ice Cream Social right after school in front of the cafeteria! SAFE Club wants you to pledge to wear your seatbelt & to not text & drive! Come enjoy chocolate or vanilla ice cream with some of your favorite toppings!



PRIDE Club Meets every Tuesday 3:15-4:00 in Room 328!!!

FFA Club: Meeting on Wednesday in Room 172!!!

Be a part of Future Farmers of America!



AMERICAN EXCHANGE PROJECT (AEP)



The American Exchange Project is looking for local host families and Lawrence high school seniors interested in expanding their horizons through summer travel to other parts of the U.S. AEP sends high school seniors on a FREE, weeklong summer exchange to an American hometown different from their own. Seniors can sign up from October 2-January 19. Host families are needed June 26-July 3, and receive a stipend for providing meals.

An informational meeting will be held at 6 p.m. November 1 at the Lawrence Public Library. Review this [slideshow presentation](#) and visit www.americanexchangeproject.org for more information. Contact sczarnecki@americanexchangeproject.org with any questions.
~Sonja Czarnecki, exchange manager, The American Exchange Project

FOR SENIORS

HOW TO ORDER TRANSCRIPTS

FROM PARCHMENT.COM

1

FROM A WEB BROWSER, GO TO WWW.PARCHMENT.COM

Once at their home page, click "Create Account" in the upper bar of the page.

2

CREATE AN ACCOUNT

When creating an account, do NOT use your student email (students.usd497.org). Use a personal email. You have completed the 11th Grade. Once you do the initial set up, it will email you a code or link to follow.

3

CHOOSE YOUR SCHOOL

After entering the code or following the link, you will need to choose your school. Make sure you select Lawrence High School in Lawrence, KS.

4

ADD ENROLLMENT INFORMATION

Important things to remember:

- You are currently enrolled.
- For the Class of 2024, Earliest Year is 2020 and Expected Grad Year is 2024 (even if you are an early grad in December).
- Waive your FERPA rights.

5

DASHBOARD

When on this screen, you should see the Chesty Lion on the lefthand side and "Lawrence High School."

6

ORDER TRANSCRIPT

To order a transcript, click on the plus or the green "Order" button. You can send it to yourself or you can search for an institution. Once you locate your destination, choose select. You have two options: Send Now or Hold. Holding it will send it after graduation with final grades. Also, as long as it is sent electronically, it is free until mid-June 2024. You can check back to see if it has been sent.



ANNOUNCEMENTS

LHS Student Media Classes and Room 308 Productions present student announcements every Monday, Tuesday, and Friday via the Room 308 Productions YouTube Channel [Room 308 Productions YouTube Channel](#)

LHS STUDENT PUBLICATIONS

Would you like to see your business featured in our nationally-recognized student publications? Sign on as an advertiser or supporter. Details are listed here: <https://lhsbudget.com/about/advertise/>. Or go directly to our donation link: <https://payments.efundsforschools.com/fundraising/districts/55379/campaigns/LHSJRNSM23>.

THIS WEEK AT LHS

Don't miss out on events and activities at Lawrence High when you keep up with our weekly calendar, <https://lhsbudget.com/category/this-week-at-lhs/>.



ATTENDANCE

Call the Attendance Line at 785-330-4968 or email lhsattendance@usd497.org to report an absence or check a student out during the school day.

- Please allow a minimum of two hours to excuse students during the school day
- Students will be released by their teacher only when notified by a pass from the office
- Only parent(s)/legal guardian(s) *listed in PowerSchool* may excuse students
- Students may not excuse themselves or check themselves out
- Both voicemail and email are monitored continuously during business hours - Please leave a message

HEALTH OFFICE

Update on immunizations for 2023-2024 school year

- Covid Protocol: [USD497 Protocol](#)
- Meningococcal: 2 doses -All students should have a record of at least one dose of Meningococcal vaccine usually given at 11-12 years of age and a second dose at 11th grade.
- Tdap: Tetanus, Diphtheria, Pertussis: One dose -usually is given in middle school but if your student missed this dose, please make sure they have this before school starts.
- Hepatitis A: 2 doses are required.

Recommended: yearly Influenza vaccine; HPV (Human Papillomavirus) 2 doses if given before age 15; otherwise 3 doses.

Asthma Inhalers: High School students can and should keep their asthma inhalers with them at all times. Please contact the nurse if you would like the inhalers kept only in the health office.

Epi Pens: Please make sure the nurse knows that your student is keeping an EPI Pen with them in their backpack. If they have a need for emergency EPI PENS, they should have one with them at all times. Please notify the nurse about any changes or a new diagnosis so other staff are aware and can help in an emergency situation.

Seizures: Please notify the nurse if your student has been diagnosed with a seizure condition and has emergency medication to keep at school.

Diabetes: Please notify the nurse of updated diabetes medications and changes. Back up snacks and medication can be kept in the health office.

Over the counter headache and pain medication (such as acetaminophen and/or ibuprofen, midol, antacids, etc) can be kept with students. Ibuprofen, acetaminophen and antacids are both available for no charge in the health office if ever needed.

Prescription medications that are controlled substances (such as those for ADHD, anxiety, depression), must be administered by the nurse or health office assistant during the school day. Medication forms are attached.

Please let the nurse know of any updated health situations that your student may have.

We want to keep them healthy and successful for the school year!

LHS Health office: 785-330-0721

Carol Casteel, RN, MSN (ccasteel@usd497.org)

Marcy Frank, CNA, Health Office Assistant

[Copy of Permission for Medication.doc](#) (Spanish)

[Copy of Permission for medication form](#) (English)

FROM THE ATHLETIC OFFICE

[Mike Gillman](#), Athletic Director

[Emily Cates](#), Assistant to the Athletic Director

Boys Basketball

Pre-Season Open Gyms:

Wednesday, October 4th 6:30pm-8pm West Gym

Wednesday, October 11th 6:30pm-8pm West Gym

Thursday, October 26th 6:30pm-8pm West Gym

Thursday, November 2nd 6:30pm-8pm West Gym

Tryouts (Boys Basketball):

Senior/Junior/Soph

Monday, November 13th 3:30-5:30pm Main Gym

Tuesday, November 14th 3:30-5:30pm Main Gym

Wednesday, November 15th 3:30-5:30pm Main Gym

Freshmen

Monday, November 13th 6-8pm Main Gym

Tuesday, November 14th 6-8pm Main Gym

Wednesday, November 15th 6-8pm Main Gym

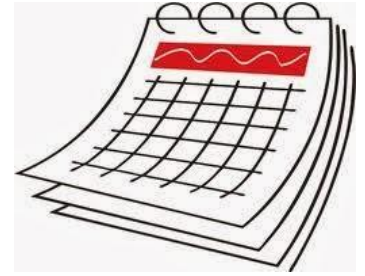


Boys Basketball Head Coach

Nick Wood, nwood@usd497.org

DATES TO KNOW:

November 6	Winter Sports Forms DEADLINE
November 13	First Day of Winter Sports Tryouts/Practices
November 27	<u>Last</u> Day to Join Winter Non-Cut Sports
November 27	First Day of Boys and Girls Bowling Tryouts(11/27-12/1)
February 19	Spring Sports Forms DEADLINE
February 26	First Day of Spring Sports
March 18	Last Day to Join Spring Non-Cut Sports
April 9	24/25 Athlete Parent Info Night (tentative)



AKTIVATE SPORTS REGISTRATION

If your student already has an Aktivite profile do not create a *new* profile in AKTIVATE for 23-24. Log in, select the athlete, select 23-24 in the 'Select Year/Sport' drop down menu.

Be sure to review all previously entered information and make sure it is still correct.

First time LHS athletes/managers must complete a profile before uploading forms.

SPORTS FORMS SUBMISSION

- All athletic forms must be submitted ONLINE at www.aktivate.com
- Registration paperwork may not be submitted in person to the Athletic Office, Main Office, Coaches, or Summer Coaching Staff

SCHEDULES AND ATHLETICS INFORMATION

Lawrence High Athletics Department Website www.lawrenceathletics.org The place to go for sports info
Schedules & Cancellation Info www.sunflowerleague.org Official schedules for LHS Athletics – Updated M-F 8:00am-3:00pm

Follow us on Twitter! @LawHS_Athletics



LHS Gear Available on BSN Sports

**a percentage of sales returns to LHS as a rebate*

Check out the **Lawrence Lions School Store*** open 24/7 on BSN Sports
Find the design that's right for you! Find your new favorite shirt!

- Customizable LHS T-shirts, Fleece, Accessories, Wall Stickers and MORE
- Shop from brands like The North Face, Under Armour, Nike, and other well-known brands
- Watch LawrenceAthletics.org & Twitter for sport specific gear announcements and links

ATTENTION - plastic bottles needed!



We need lots of Crystal Geyser one gallon water bottles for a class project in room 197, we will take full or empty, but we need that specific brand. Please send them with your student or drop them off in front office for Ms. Ball.

Activities

Elaina Honas, Assistant Principal/Activities Director

David Ruis, Activities Secretary

October 5

Choir Concert @ 7:30pm in Auditorium

October 11

Orchestra @ 7pm in Auditorium

October 16

PT Conferences 5pm - 8:15pm

October 18

PT Conferences 5pm-8:15pm

October 26

Fall Play @ 7pm in Auditorium

October 28

Understudy Performance @ 2pm in Auditorium

October 28

Fall Play @ 7pm in Auditorium

October 29

Fall Play @ 2pm in Auditorium

Follow us on Twitter @activities_LHS

